

Baby/Toddler Gym Rules

RESPONSIBILITY

- Parents are responsible for their child/children throughout the session
- Siblings aged 7+ that attend during the school holidays must attend in a support capacity only – they MUST NOT climb/jump/swing on any of the equipment or inflatables
- Please ensure your child plays with toys suitable for their age

PHOTOGRAPHY

- Is permitted; please be respectful to other families and try get pictures/videos containing your own children only

TRAMPOLINES

- Only one child per trampoline
- Mats must remain on the trampolines at all times
- Parents can gently jump on a trampoline holding their babies
- Please refrain from using the trampolines if you are within the first 3 months of pregnancy, or 6 months after giving birth

AIRTRACK (long, bouncy inflatable)

- Suitable for children only
- Adults are not permitted on the AirTrack, unless it is to help their child to get off

FOOD & DRINK

- No food/drink is permitted in the gym unless in spill proof beakers beside the wooden duckets
- Babies/toddlers can be fed in the Diner area upstairs
- Breastfeeding is allowed within the gym

FOOTWEAR & PRAMS

- No outdoor footwear is permitted within the gym
- No pushchairs or prams are allowed in the gym – they must remain in the corridor

RAISING CONCERNS

- A coach is present throughout Baby Gym if assistance is required; there is also a member of staff at Reception

PERSONAL BELONGINGS

- Please keep your personal belongings safe; South Durham Gymnastics do not accept responsibility for the loss or damage to any personal belongings left unattended on the premises

IF YOU DO NOT AGREE WITH THIS NOTICE FULLY, YOU SHOULD NOT ENTER THE SESSION

SOUTH DURHAM GYMNASTICS RESERVE THE RIGHT TO REMOVE ANYONE FROM THE SESSION WHO IS NOT ADHERING TO THE RULES

Thank You!