

# Baby & Toddler Gym / Family Play

## Rules, Terms & Conditions

Our customers' wellbeing and safety is our top priority so to keep our customers as safe as possible, we have introduced a number of new measures. By booking onto / attending our Baby & Toddler Gym / Family Play session(s) you agree to the terms and conditions set out below.

*You must not attend any of our sessions if you or someone you live with has tested positive for Coronavirus, or if you have been told to self-isolate by NHS Test and Trace. Anyone displaying symptoms will not be allowed into the Gymnastics Centre and will be required to leave immediately. Please follow NHS and Government guidance, and if required, get yourself tested. If you receive a positive test and have recently visited the Centre, you must inform the Club ASAP by emailing: [gym@southdurhamgym.co.uk](mailto:gym@southdurhamgym.co.uk). You should also not attend any sessions if you have recently returned from a country which requires a period of self-isolation upon return. You will be permitted to return once you have completed the necessary self-isolation period.*

### BOOK YOUR VISIT ONLINE

- Baby & Toddler Gym sessions are suitable for children aged 9 months - 4 years and cost £6 per child. Siblings under 9 months can come along for free - but must be carried in a sling where possible
- Family Play sessions are suitable for children aged 9 months – 7 years
- There is a £2 sibling discount if you are bringing siblings along to the same class - simply enter the code: SIBLING before you enter your payment details
- Online bookings must be made & paid for in advance before you enter our sessions:
  - Baby & Toddler Gym: <https://www.southdurhamgym.co.uk/product/baby-toddler-gym/>
  - Family Play: <https://www.southdurhamgym.co.uk/product/family-play-sessions/>
- This system will facilitate the NHS Test and Trace system – for further details, please see section 10 of our Privacy Policy: <https://www.southdurhamgym.co.uk/page/privacy-policy/>
- All bookings are non-refundable and non-transferrable

### CAPACITY & SESSION SIZES

- All Baby & Toddler Gym / Family Play sessions are limited to a maximum of 50 children
- To assist with social distancing, only 2 adults per child will be permitted into the session
- Parents / guardians are required to accompany their children around the Centre to assist their children throughout the session

### ACCESS TO THE PINK GYM

- Access to the Gymnastics Centre is via the Leisure Centre main entrance
- Please have a copy of your email confirmation ready for entry
- We ask that you arrive & leave on time to allow us to be ready for the next play session
- No pushchairs or prams are permitted within the Gymnastics hall – they must remain in the corridor

### FACE COVERINGS

- It is requested that our visitors (aged 11+) wear face coverings when inside of the Gymnastics Centre (except when eating & drinking)
- Customers should provide their own face coverings; however, the Office may be able to supply one if you forget

### SANITISING STATIONS

- Customers are encouraged to sanitise their hands upon arrival at the Gymnastics Centre, we thank you for your cooperation with this

- We also have a number of sanitising stations around Gymnastics Hall for customers to use throughout their visit

#### **STORAGE OF PERSONAL BELONGINGS**

- No outdoor footwear is permitted within the Gymnastics Hall
- Personal belongings can be stored in the wooden duckets within the Gymnastics Hall
- Please keep your personal belongings safe; South Durham Gymnastics do not accept responsibility for the loss or damage to any personal belongings left unattended on the premises

#### **FOOD & DRINK**

- No food/drink is permitted in the gym unless in spill proof beakers beside the wooden duckets
- Breastfeeding is allowed within the gym

#### **TOILET FACILITIES**

- We have a toilet inside of the Gymnastics Hall, as well as the Accessible Toilet (with baby changing station) in the entrance corridor
- You will also find toilets within our Male & Female Changing rooms, as well as upstairs on the Viewing Gallery
- All parents / guardians are required to fully supervise their child(ren) when visiting the toilet. Hand washing signs are in place to remind our guests of the hand washing procedures required

#### **CLEANING MEASURES**

- We have a number of additional cleaning measures in place to ensure your safety
- Full cleaning of the facility will take place on a daily basis
- Equipment (obstacle course, slides, hard toys etc.) will be cleaned between each Baby & Toddler Gym / Family Play session
- Cleaning equipment will be available for parents / guardians upon request, should they choose to sanitise an area before their child(ren) play on it

#### **SAFE & RESPECTFUL USE OF THE GYMNASTICS CENTRE**

- Please ensure your child plays with toys/equipment suitable for their age
- Parents / guardians are responsible for ensuring no intentional damage is caused to our building and its contents
- All visitors using the equipment will be responsible / liable for any damage or injury occurring from or as a result of misuse or reckless use
- Siblings aged 7+ that attend during the school holidays (Family Play sessions) must attend in a support capacity only – they MUST NOT climb / jump / swing on any of the equipment or inflatables

#### **PHOTOGRAPHY**

- Is permitted; please be respectful to other families and try get pictures/videos containing your own child(ren) only

#### **VIEWING GALLERY & SD DINER**

- The Viewing Galley is open / accessible to Centre visitors (note; there may be times it is closed for cleaning)
- Vending machines (for hot drinks, cold drinks and snacks) are available throughout the Gymnastics Centre; correct change is required

#### **PLAY AREAS & ACTIVITIES**

- Parents / guardians are responsible for their own child(ren) and they play at their own risk
- Children must not push, collide, fight, throw, run or behave in a manner likely to injury or cause distress to others
- Adults are not permitted on the inflatable Air Track or Challenger – unless it is to help a child get on / off

#### **Trampolines**

- Only one child per trampoline
- Mats must remain on the trampolines at all times
- Parents can gently jump on a trampoline holding their babies

- Please refrain from using the trampolines if you are within the first 3 months of pregnancy, or 6 months after giving birth
- Do not attempt somersaults on the trampoline as this may result in serious injury

#### **ZERO TOLERANCE POLICY**

All of our measures are in place for the safety of our guests and staff. We are working extremely hard to ensure all measures are being carried out in line with Government, British Gymnastics & Durham County Council guidelines. Any persons not complying with the measures we have in place will either be refused entry, asked to leave and may be refused future entry. We are hoping our customers will work alongside us to help us keep our Centre operational and fight the virus.

South Durham Gymnastics has 5 COVID Officers in place; if you have any questions, concerns or feedback about our practices, do not hesitate to contact one of them:

- Melissa Spence - [melissa@southdurhamgymnastics.co.uk](mailto:melissa@southdurhamgymnastics.co.uk)
- Kelly Milnes - [kelly@southdurhamgymnastics.co.uk](mailto:kelly@southdurhamgymnastics.co.uk)
- Jenna Maynard - [jenna@southdurhamgymnastics.co.uk](mailto:jenna@southdurhamgymnastics.co.uk)
- Helen Maxwell - [helen@southdurhamgymnastics.co.uk](mailto:helen@southdurhamgymnastics.co.uk) *Note: Helen will be on maternity leave from Sept 2021*
- Becca Armstrong - [becca@southdurhamgymnastics.co.uk](mailto:becca@southdurhamgymnastics.co.uk) *Note: Becca will be on maternity leave from Sept 2021*

**PLEASE NOTE: WHILST WE HAVE TRIED TO MAKE YOUR VISIT WITH US AS SAFE AS POSSIBLE, YOU ENTER AND USE OUR FACILITIES AT YOUR OWN RISK.**