

British Gymnastics

2022 Women's Artistic Classic Challenge Championships

Revised 23/05/2021 – Zinc bar clarification

Revised 06/09/2021 – Zinc beam mount clarification

Revised 12/03/2022 – All levels

WOMEN'S ARTISTIC CLASSIC CHALLENGE CHAMPIONSHIPS RULES 2022

Philosophy

This new competition has been devised to bridge the gap between FIG and Regional level gymnasts. It is hoped that this new competition pathway will become an integral part of British Gymnastics Women's Artistic programme.

The underlying principle of the Classic Challenge is for competition based on ABILITY rather than AGE. The Classic Challenge is about inclusion, a level playing field, fair play philosophies, and is pro-choice. This category must not be deemed to be "lesser" or of a "lower class", and coaches, judges, gymnasts and parents are discouraged from framing it that way.

The overriding aim is to allow the vast majority of Club Gymnasts a meaningful competition structure that is ACHIEVABLE FOR ALL. The new structure will allow gymnasts who train less hours per week to fulfil the rules within their ability level and receive a score which promotes self-value, self-worth and pride in their achievement, whilst giving an additional opportunity for these gymnasts to represent their region at National Finals.

Gymnasts will be able to compete at the Classic Challenge if they have not competed a compulsory level or FIG Challenge Qualification in that year. Gymnasts and coaches will have the option to switch between Classic Challenge and FIG Challenge Qualification each year, but they may not compete both competitions in the same year. Gymnasts competing compulsory levels will still have National Voluntary Levels which will be reviewed annually.

Introduction

For the past few years, WTC has been looking at ways to address the mandated reduction of gymnasts at the British Championships, yet also meet the demands of the vast increase in membership. In addition, keeping clubs in business, keeping gymnasts in the sport, and continuing to build tomorrow's coaches and judges has needed careful consideration. A working group was thereby commissioned towards the end of 2019, to take on this much needed body of work.

It can be stated that the current WAG competitive system in the UK is primarily based on FIG rules, but for all sorts of reasons most gymnasts cannot sustain or manage Bars, and/or cannot develop Vault beyond a certain point or make an international standard. The FIG Code is made for international level gymnasts. This then leaves a large majority of competitors needing a more realistic and less demanding way of competing and enjoying performing.

As a result, a new domestic "code of points" has been created to address these challenges, yet still allow for exceptional talent or late starters to emerge. This new code has been therefore created to address these and other challenges. The code is based largely on FIG rules and directives, yet much more choice and variety are highlighted.

This is a new competitive category that aims to keep these gymnasts in the sport, have a National Final Championship that they can strive for outside of the British Championships, and that values them in such a way that they consider their long-term involvement in the sport. These aims can be met by increased variety for a more personal and suitable choice of a lower number of counting elements and compositional requirements, thereby reducing potential stress and injury. Considering the impacts of Covid-19, every effort has to be made to keep gymnasts in the sport, and so save the clubs. Our hope is that this code contributes to those efforts.

Framework

The traditional Challenge Cup is to be renamed to "**FIG Challenge Qualifier**". This event is to enable gymnasts to attain a qualification score to progress to The British Championships only.

These new rules fall under the new "**Classic Challenge**" heading. An annual review with the WTC Working Group will occur to make any necessary changes.

So as to not require a whole new set of judging awards, the judging system is based on current FIG D and E evaluations with the addition of uncodded elements being recognised and counted towards the start value of the exercise. Gymnasts have a choice of Compositional Requirements (CR) which have also been modified to reflect the difficulty level. It is hoped that by allowing a choice of CR's the gymnasts will be better able to work within their ability. Execution will remain as FIG (unless otherwise stated), encouraging clean, aesthetic work.

Competition Structure

The different levels are called Zinc, Copper, Bronze, Silver and Gold Levels.

Zinc (8+ years) & Copper (9+ years) will be regional only levels and will not progress to National Finals. It is hoped that these new levels will enable regions to all work from the same rules for gymnasts that are not working to full FIG.

Bronze (10+ years), Silver (12+ years) & Gold (14+) will progress to National Finals in format of a regional team **consisting of 6 gymnasts at each level**.

WAG CLASSIC CHALLENGE CHAMPIONSHIPS 2022

ZINC – 8 Years+ (County / Regional competition only)

<p>Uncoded = 0.10 A = 0.10 B = 0.20 Moves of higher value are not permitted</p>	<p>Elements will be given Difficulty Value according to Rules & Regulations FIG Cycle 15 Code of Points [2022] Rules and Regulations are as FIG Cycle 15 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied. BARS – 4 highest elements to count BEAM/FLOOR – 2 acrobatic + 2 dance + 1 optional FLOOR No acro lines required Elements higher than a B are not allowed and no Difficulty Value, CR or bonus will be given if they are performed. Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise Same element can only count once EXCEPT on Bars where an FIG Coded A element may be repeated once for Difficulty Value IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution.</p>			<p>On Beam & Floor, an exercise with less than 5 elements will be deducted 1.00 for each missing element. On Bars, there is no penalty for an exercise with less than 4 elements.</p>
<p>Short Exercises</p>	<p>Vault</p> <p>FIG Bars Regulations with: A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.</p> <p>Bars</p> <p>A FIG Beam Regulations with: A jersey style mat (depth 10cm) is allowed for dismounts (optional).</p> <p>Beam</p> <p>FIG Floor Regulations except acro lines where no acro line are required. A routine with no acro lines will not incur dismount deductions.</p> <p>Floor</p>			
<p>Apparatus</p>	<p>Piled mats to height of 60cm, 90cm or 120cm 1 x springboard</p> <p>DV 2.50</p>	<p>A Gymnast should fulfill 3 of the 5 CR's (Maximum awarded 1.5):</p> <ul style="list-style-type: none"> ▪ Upstart (no penalty if stop after) ▪ Close bar circle element (back hip circle allowed) ▪ Cast to minimum horizontal ▪ Any bar change LB – HB ▪ A dismount coded or listed uncoded <p>A/ B elements only allowed C/D or move – no DV</p> <p>Maximum D Score 2.50</p>	<p>A FIG Beam Regulations with: A jersey style mat (depth 10cm) is allowed for dismounts (optional).</p> <ul style="list-style-type: none"> ▪ ½ spin on one foot ▪ Connection 2 Dance elements (can be same or different) ▪ Leap or jump with 160° split (cross or side) or straddle ▪ Acro element backwards (must be performed on the beam) ▪ Acro element forwards / sideways (must be performed on the beam) <p>A/ B elements only allowed C/D or move – no DV</p> <p>Maximum D Score 3.00</p>	<p>A Gymnast should fulfill 4 of the 6 CR's (Maximum awarded 2.00):</p> <ul style="list-style-type: none"> ▪ Acro line with min 2 elements (non-flighted allowed) ▪ Mixed series minimum 2 directly connected elements ▪ A dance passage of 2 different leaps / hops – No split required ▪ 360° spin ▪ Acro elements forwards / sideways & backwards (non-flighted allowed) ▪ Flighted Acro element <p>A/ B elements only allowed C/D or move – no DV</p> <p>Maximum D Score 3.00</p>
<p>Requirements</p>	<p>Handspring Flat Back onto Pile of Safety Mattresses at a choice of 60cm, 90cm or 120cm to suit the gymnast. 2.00 penalty for coach support. Applies to each vault. Best score of 2 performed vaults. (No deduction if only 1 vault performed)</p>	<p>Squat onto low bar (There will be no penalty for performing a jump from LB to HB) ¾ Giant from LB to HB Straddle or pike on undershoot dismount Chin up circle over mount Cast to within 45° handstand Float swing (from board, back to board) Cast Straddle, pike dismount from LB Squat on LB jump forwards to land as dismount</p>	<p>Tuck jump Stretched or arched jump Stretched jump ½ Change ment Stag leap & Stag jump ½ spin on one foot</p> <p>Forward roll Backward roll Cartwheel rebounding straight jump dismount Roundoff Dismount Handspring dismount Cartwheel to handstand drop down dismount (side of beam)</p>	<p>Cat leap ½ Scissor kick Tuck jump Tuck jump ½ Straight jump ½ W Jump or hop with ½ Change ment Stag leap</p> <p>Backward walkover Forward walkover Tic-toc Handstand forward roll Backward roll to front support and / or handstand Backward roll with optional exit Cartwheel</p>
<p>Uncoded Permitted Elements (receive 0.1 DV)</p>	<p>No other vaults are permitted at this level.</p>	<p>See clarifications.</p>	<p>Any move may be used Coaches are encouraged to be present for dismounts</p>	<p>No Acro line required</p>
<p>Notes</p>	<p>No other vaults are permitted at this level.</p>	<p>0.3 – Upstart performed without a stop (awarded once) 0.3 – Cast above 45° 0.3 – Using both bars 0.1 – Stuck dismount</p>	<p>0.2 – 180° split leap or jump</p>	<p>0.1 – Dance passage with 180° split 0.2 – Acro line minimum 2 connected flighted elements 0.2 each – Salto backwards & forwards</p>
<p>GBR Bonus (In addition to FIG) Only awarded if performed without a fall</p>				

Additional Clarifications for Zinc Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise. An element can be utilised to fulfil more than one CR (unless otherwise stated). Listed unencoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements. Maximum Bonus (including any FIG bonus) 1.00. Bonus can only be awarded if performed without a fall. **Maximum D score includes any bonus awarded.**

Vault:

- Only the specified vault may be performed.
- **1 springboard only allowed**
- Additional modified 4 & 5 coil springboards will be available

Bars:

- **Deductions as per FIG unless stated otherwise**
- There is no penalty for performing less than 4 elements
- There is no penalty for using only the low bar and no requirement to use both bars.
- Gymnasts using only the low bar, may start their exercise between the bars and dismount away from the bars.
- **If using both bars, the coach must stand between the bars and be present for the transition between the bars (or 1.00 penalty).**
- There is no penalty for bent legs in a sole circle
- There is no penalty for performing a jump from LB to HB either from a sole circle or from a squat / stoop / straddle on
- A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.

Beam:

- 5 elements only are required – **1.00 penalty for each missing element**
- A backward roll on one shoulder will class as a backwards element at this level.
- A jersey style mat (depth 10cm) is allowed for dismounts (optional).
- A forward roll will count as a forwards element for CR.

Floor:

- 5 elements only are required – **1.00 penalty for each missing element**
- **An acro element may be repeated without DV for purposes of fulfilling a mixed series**
- Bonus for backward salto can only be awarded if performed within an acro line and without a fall

0°	Handstand (0°) to 90°	No cast deduction With value (D panel)
No cast deduction	Below 90°	0.10 deduction No value (D panel)
90°		
0.10		
No value		

WAG CLASSIC CHALLENGE CHAMPIONSHIPS 2022

COPPER – 9+ Years (County / Regional Competition only)

<p>Uncoded = 0.10 A = 0.10 B = 0.20 C = 0.30</p> <p>Moves of higher value are not permitted</p>	<p>Elements will be given Difficulty Value according to Rules & Regulations FIG Cycle 15 Code of Points [2022]</p> <p>Rules and Regulations are as FIG Cycle 15 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied.</p> <p>BARS/BEAM/FLOOR – 6 highest elements including dismount</p> <p>BEAM/FLOOR – 2 acrobatic + 2 optional FLOOR - 1 acro line only required</p> <p>BARS/BEAM/FLOOR The dismount must be included in the counting elements</p> <p>Elements higher than a C are not allowed and no Difficulty Value, CR or bonus will be given if they are performed.</p> <p>Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise</p> <p>Same element can only count once EXCEPT on Bars where an FIG Coded element may be repeated once for Difficulty Value</p> <p>IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution.</p>
<p>Short Exercises</p>	<p>On Beam & Floor, an exercise with less than 6 elements will be deducted 1.00 for each missing element.</p> <p>On Bars, an exercise with less than 5 elements will be deducted 1.00 for each missing element.</p>
<p>Vault</p>	<p>FIG Vault table with: A jersey style mat (depth 10cm) is allowed in addition to the standard 30cm with no deductions, and landing mats turned soft side upmost when possible.</p>
<p>Apparatus</p>	<p>FIG Bars Regulations with: A safety mat (depth 20cm) and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.</p> <p>1.00 penalty for not using both bars.</p> <p>A Gymnast should fulfill 4 of the 6 CR's (Maximum awarded 2.0):</p> <ul style="list-style-type: none"> ▪ FIG coded mount on LB ▪ Close bar circle element (back hip circle allowed) ▪ Any bar change LB to HB ▪ Cast to within 45° handstand ▪ A different close bar element ▪ A giant circle in any direction <p>A/B/C elements only allowed D or move – no DV</p> <p>Maximum D Score 3.00</p>
<p>Requirements</p> <p>Any vault without a salto from the new vault table</p> <p>Height of vault 105, 110, 115, 120 or 125cm 1 x springboard</p> <p>Execution deductions of 0.1, 0.3, 0.5 & 0.8 for height will apply</p>	<p>A FIG Beam Regulations with: A jersey style mat (depth 10cm) is allowed for dismounts (optional).</p> <p>A Gymnast should fulfill 5 of the 6 CR's (Maximum awarded 2.50):</p> <ul style="list-style-type: none"> ▪ ½ spin ½ turn or 1/1 spin ▪ Connection 2 different dance elements (no split required) ▪ Leap or jump with 180° split (cross or side) or straddle ▪ 1 x acrobatic series with 2 elements [minimum] Non flighted OK ▪ Mixed Series (Minimum 2 element – no flight required on acro element) ▪ 'A' valued salto dismount <p>A/B/C elements only allowed D or move – no DV</p> <p>Maximum D Score 3.50</p>
<p>Uncoded (U) Permitted Elements (receive 0.1 DV)</p>	<p>Squat onto low bar (There will be no penalty for performing a jump from LB to HB)</p> <p>¾ Giant from LB to HB</p> <p>Straddle or pike on undershoot dismount</p> <p>Chin up circle over mount</p> <p>Cast to within 45° handstand</p>
<p>Notes</p>	<p>Best score of 2 performed vaults. (No deduction if only 1 vault performed)</p> <p>The sole circle (5.108) may be performed with bent legs without incurring execution penalty)</p> <p>0.3 – 2 x upstarts 0.3 – Close bar Value B or C 0.1 – Stuck dismount</p>
<p>GBR Bonus (in addition to FIG)</p>	<p>Any mount may be used Coaches are encouraged to be present for dismounts</p> <p>0.2 – Acro series with minimum 1 flighted element</p> <p>0.1 – Straight salto forwards or backwards 0.2 – A routine with 2 FIG Acro lines 0.2 – An acro line with a ½ twist</p>

Additional Clarifications for Copper Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise.

An element can be utilised to fulfil more than one CR (unless otherwise stated).

Listed uncoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements.

Maximum Bonus (including any FIG bonus) 1.00. Bonus can only be awarded if performed without a fall.

Maximum D score includes any bonus awarded.

Vault:

- 2 different vaults may be performed
- Additional modified 4 & 5 coil springboards will be available

Bars:

- Deductions as per FIG unless stated otherwise**
- 5 elements only are required
- A routine with less than 5 elements will be deducted 1.00 for each missing element**
- The coach **is encouraged** to stand between the bars and be present for the transition between the bars without deduction.
- An additional 20cm mat can be placed underneath through-out the bars without deduction.
- A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.

Beam:

- 6 elements only are required - **1.00 penalty for each missing element**
- Forward and backward rolls can be used as DV, CR & bonus unless the backward roll goes over one shoulder and therefore will not class as a backwards element at this level and not receive no value, CR or bonus.
- A jersey style mat (depth 10cm) is allowed for dismounts (optional).

Floor:

- 6 elements only are required - **1.00 penalty for each missing element**
- An acro element may be repeated without DV for purposes of fulfilling a mixed series**
- A routine with only 1 acro line will not incur dismount deductions.
- A routine with no acro lines will incur a 1.00 penalty.

	Handstand / Close Bar (0°) to 45°	No deduction
	>45° to 90°	0.10 deduction
	Handstand Close Bar	No value (D panel) D Panel still give value
	Below 90°	0.30 deduction No value (D panel) for either move

WAG CLASSIC CHALLENGE CHAMPIONSHIPS 2022

BRONZE – 10 years+

BG WTC
Updated 12/03/2022

<p>Uncoded = 0.10 A = 0.10 B = 0.20 C = 0.30 D = 0.40* *No D saltos permitted on floor</p>	<p>Short Exercises</p>	<p>Elements will be given Difficulty Value according to Rules & Regulations FIG Cycle 15 Code of Points [2022] Rules and Regulations are as FIG Cycle 15 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied. BARS/BEAM/FLOOR – 7 highest elements including dismount BEAM/FLOOR – 3 acrobatic + 3 dance + 1 optional BARS/BEAM/FLOOR The dismount must be included in the counting elements Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise Same element can only count once EXCEPT on Bars where an FIG Coded element may be repeated once for Difficulty Value IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution.</p>	<p>On Beam & Floor, an exercise with 6 elements or less will be deducted 1.00 for each missing element. On Bars, an exercise with less than 5 elements will be deducted 1.00 for each missing element.</p>	
<p>Apparatus</p>	<p>Vault</p>	<p>Bars</p>	<p>Beam</p>	<p>Floor</p>
<p>Requirements</p>	<p>FIG Vault table with: A jersey style mat (depth 10cm) is allowed in addition to the standard 30cm with no deductions, and landing mats turned soft side uppermost when possible.</p> <p>Any vault from the new vault table</p> <p>Height of vault 115, 120 or 125cm 1 x springboard</p>	<p>FIG Bars Regulations with: A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.</p> <p>A Gymnast should fulfil 5 of the 6 CR's (Maximum awarded 2.5):</p> <ul style="list-style-type: none"> ▪ Close bar circle element ▪ A different close bar element min B ▪ An element LB to HB (uncoded OK) ▪ A giant circle in any direction ▪ Cast to within 30° handstand ▪ An element with min 180° turn including mount & dismount <p>Dismount must be included in counting elements Maximum D Score 4.00</p>	<p>FIG Beam Regulations with: A jersey style mat (depth 10cm) is allowed for dismounts (optional).</p> <p>A Gymnast should fulfil 5 of the 6 CR's (Maximum awarded 2.50):</p> <ul style="list-style-type: none"> ▪ Turn (Grip 3) or Roll / Flairs ▪ Connection of minimum 2 different dance elements (no split required) ▪ Leap or jump with 180° split (cross or side) or straddle ▪ 1 x acrobatic series with 2 min elements at least one with flight ▪ Mixed Series (Minimum 2 element – no flight required on acro element) may include mount ▪ Dismount min B or an A salto directly connected to an acro skill <p>Maximum D Score 4.00</p>	<p>FIG Floor Regulations apply</p> <p>A Gymnast should fulfil 5 of the 6 CR's (Maximum awarded 2.50):</p> <ul style="list-style-type: none"> ▪ Acro line with min 2 saltos ▪ A dance passage of 2 different leaps / hops – 1 with 180° split (cross or side) or straddle ▪ Mixed series minimum 3 directly connected elements (acro/dance/acro or dance/acro/dance) ▪ Spin on one foot (minimum 360°) ▪ Saltos in different directions (no aerials) ▪ Acro line not necessary, no stationary skills. ▪ Salto with LA Turn (min 180) (must be in acro line) <p>Maximum D Score 4.00</p>
<p>Un-coded (U) Permitted Elements (receive 0.1 DV)</p>	<p>Execution deductions of 0.1, 0.3, 0.5 & 0.8 for height will apply</p>	<p>Squat onto low bar (There will be no penalty for performing a jump from LB to HB) ¾ Giant from LB to HB</p>	<p>Tuck jump Stretched or arched jump Stretched jump ½ Changement Stag leap Stag jump</p>	<p>Tuck jump ½ W Jump or hop with ½ Changement Stag leap</p>
<p>Barred Elements</p>		<p>No flight elements on the same bar or from HB to LB are permitted No D dismounts are permitted. The sole circle (5.108) may be performed with bent legs without incurring execution penalty) Stopping to adjust handguards on the bar – penalty 0.50 (intermediate swing)</p>	<p>All elements above a D No D dismounts are permitted.</p>	<p>D+ saltos are not permitted</p>
<p>Notes</p>	<p>Best score of 2 performed vaults. (No deduction if only 1 vault performed)</p>	<p>See Bonus sheet</p>	<p>See Bonus sheet</p>	<p>Minimum 2 acro lines must be performed. Penalty 1.00 if less than 2 acro lines are performed. Any travelling isolated salto may be performed at any point in the routine and be credited.</p>
<p>GBR Bonus (in addition to FIG)</p>		<p>See Bonus sheet</p>	<p>See Bonus sheet</p>	<p>See Bonus sheet</p>

Clarifications for Bronze Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise.

An element can be utilised to fulfil more than one CR (unless otherwise stated).

Listed unencoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements.

Maximum Bonus (including any FIG bonus) 1.00. Bonus can only be awarded if performed without a fall.

Maximum D score includes any bonus awarded.

Vault:

- Additional modified 4 & 5 coil springboards will be available

Bars:

- A minimum of 5 and a maximum of 7 elements only are required
- A routine with less than 5 elements will be deducted 1.00 for each missing element
- A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.
- A sole circle can count as CR1
- No flight elements on the same bar or from HB to LB are permitted
- No D dismounts are permitted. If performed no DV, CV, CR can be awarded.

Beam:

- 7 elements only are required – 3 dance, 3 acro and 1 optional
- Short exercise penalties - A routine with 6 elements or less will be deducted 1.00 penalty for each missing element
- CR 2, 3, 4 must be performed on the beam, CR 1 & 5 can include mount and / or on the beam
- A jersey style mat (depth 10cm) is allowed for dismounts (optional).
- No D dismounts are permitted. If performed no DV, CV, CR can be awarded.

Floor:

- 7 elements only are required – 3 dance, 3 acro and 1 optional
- Short exercise penalties - A routine with 6 elements or less will be deducted 1.00 penalty for each missing element
- Minimum 2 acro lines to be performed (penalty 1.00 for each missing acro line)
- No D+ saltos are permitted on floor. If performed no DV, CV, CR can be awarded.
- An acro element may be repeated without DV for purposes of fulfilling a mixed series

WAG CLASSIC CHALLENGE CHAMPIONSHIPS 2022

SILVER – 12 years+

<p>Uncoded = 0.10 A = 0.10 B = 0.20 C = 0.30 D = 0.40 E = 0.50 F, G, H = 0.50</p>	<p style="text-align: center;">Rules and Regulations are as FIG Cycle 15 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied.</p> <p style="text-align: center;">BARS/BEAM/FLOOR – 8 highest elements including dismount BEAM/FLOOR – 3 acrobatic + 3 dance + 2 optional BARS/BEAM/FLOOR The dismount must be included in the counting elements</p> <p>Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise Same element can only count once EXCEPT on Bars where an FIG Coded element may be repeated once for Difficulty Value IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution.</p>
<p>Short Exercises</p>	<p>On Beam & Floor, an exercise with 6 elements or less will be deducted 1.00 for each missing element. On Bars, an exercise with less than 5 elements will be deducted 1.00 for each missing element.</p>
<p>Apparatus</p>	<p>Vault</p> <p>FIG Vault table with: A jersey style mat (depth 10cm) is allowed in addition to the standard 30cm with no deductions, and landing mats turned soft side uppermost when possible.</p> <p>Any vault from the new vault table</p> <p style="text-align: center;">Height of vault 120 or 125cm 1 x springboard</p> <p style="text-align: center;">Execution deductions of 0.1, 0.3, 0.5 & 0.8 for height will apply</p>
<p>Requirements</p>	<p>Bars</p> <p>FIG Bars Regulations with: A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.</p> <p>A Gymnast should fulfil 5 of the 6 CR's (Maximum awarded 2.5):</p> <ul style="list-style-type: none"> ▪ Close bar circle element min B ▪ An element in a different grip ▪ A flighted element LB to HB ▪ A giant circle in any direction ▪ A cast / circle element with min 180° turn ▪ A Dismount minimum 'B' value <p>Dismount must be included in counting elements Maximum D Score 4.50</p>
<p>Uncoded (U) Permitted Elements (receive 0.1 DV)</p>	<p>Squat onto low bar (There will be no penalty for performing a jump from LB to HB)</p>
<p>Notes</p> <p>Best score of 2 performed vaults. (No deduction if only 1 vault performed)</p>	<p>The sole circle (5:108) may be performed with bent legs without incurring execution penalty) Upstart (kip) after "Shaposhnikova" type elements – no penalty Stopping to adjust handguards on the bar – penalty 0.50 (intermediate swing)</p>
<p>GBR Bonus (in addition to FIG)</p>	<p style="text-align: center;">See Bonus sheet</p>
<p>Apparatus</p>	<p>Beam</p> <p>FIG Beam Regulations with: A jersey style mat (depth 10cm) is allowed for dismounts (optional).</p> <p>A Gymnast should fulfil 5 of the 6 CR's (Maximum awarded 2.50):</p> <ul style="list-style-type: none"> ▪ Turn (Grip 3) or Roll / Flairs ▪ Salto or aerial skill ▪ Connection of minimum 2 different Dance elements to include one Leap or jump with 180° split (cross or side) or straddle ▪ 1 x acrobatic series with min 2 flighted elements or one salto connected to another acro element (flight not necessary) ▪ Mixed Series (Minimum 2 element – no flight required on acro element) may include mount ▪ Dismount min B or an A salto directly connected to an acro skill <p>Maximum D Score 4.50</p>
<p>Requirements</p>	<p>Tuck jump Stretched or arched jump Stretched jump ½ Changement Stag leap Stag jump</p>
<p>Notes</p> <p>Minimum 2 acro lines must be performed. Penalty 1.00 if less than 2 acro lines are performed. Any travelling isolated salto may be performed at any point in the routine and be credited.</p>	<p>Changement Stag leap</p>
<p>GBR Bonus (in addition to FIG)</p>	<p style="text-align: center;">See Bonus sheet</p>
<p>Apparatus</p>	<p>Floor</p> <p>FIG Floor Regulations with: for D+ Saltos, a jersey mat (depth 10cm) is allowed, no restrictions or deductions (2 jersey mats available, & can be moved). The mat(s) must be removed once no longer needed.</p> <p>A Gymnast should fulfil 5 of the 6 CR's (Maximum awarded 2.50):</p> <ul style="list-style-type: none"> ▪ Acro line with min 2 saltos ▪ A dance passage of 3 different leaps / hops – 1 with 180° split (cross or side) or straddle, may include 1 jump which must be the final element of series ▪ Mixed series minimum 3 directly connected elements (acro/dance/acro or dance/acro/dance) ▪ Spin on one foot (minimum B) ▪ Saltos in different directions (no aerials), Acro line not necessary, no stationary skills. ▪ Salto with LA Turn (min 360) (acro line not necessary) <p>Maximum D Score 4.50</p>
<p>Requirements</p>	<p>Changement Stag leap</p>
<p>Notes</p> <p>Minimum 2 acro lines must be performed. Penalty 1.00 if less than 2 acro lines are performed. Any travelling isolated salto may be performed at any point in the routine and be credited.</p>	<p>Changement Stag leap</p>
<p>GBR Bonus (in addition to FIG)</p>	<p style="text-align: center;">See Bonus sheet</p>

Clarifications for Silver Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise.

An element can be utilised to fulfill more than one CR (unless otherwise stated).

Listed uncoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements.

Maximum Bonus (including any FIG bonus) 1.00. Bonus can only be awarded if performed without a fall.

Maximum D score includes any bonus awarded.

Vault:

- Additional modified 4 & 5 coil springboards will be available

Bars:

- **Short exercise penalties - A routine with less than 5 elements will be deducted 1.00 penalty for each missing element**
- A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.

Beam:

- **Short exercise penalties - A routine with 6 elements or less will be deducted 1.00 penalty for each missing element**
- **CR 2, 3, 4** must be performed on the beam, **CR 1 & 5** can include mount and / or on the beam
- A jersey style mat (depth 10cm) is allowed for dismounts (optional).

Floor:

- **Short exercise penalties - A routine with 6 elements or less will be deducted 1.00 penalty for each missing element**
- Minimum 2 acro lines to be performed (penalty 1.00)
- For D+ Saltos, a jersey mat (depth 10cm) is allowed, no restrictions or deductions (2 jersey mats available, & can be moved). The mat(s) must be removed once no longer needed.
- **An acro element may be repeated without DV for purposes of fulfilling a mixed series**

WAG CLASSIC CHALLENGE CHAMPIONSHIPS 2022

GOLD – 14 years+

<p>Uncoded = 0.10 A = 0.10 B = 0.20 C = 0.30 D = 0.40 E = 0.50 F, G, H = 0.50</p>	<p style="text-align: center;">Rules and Regulations are as FIG Cycle 15 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied.</p> <p style="text-align: center;">BARS/BEAM/FLOOR – 8 highest elements including dismount BEAM/FLOOR – 3 acrobatic + 3 dance + 2 optional BARS/BEAM/FLOOR The dismount must be included in the counting elements</p> <p>Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise Same element can only count once EXCEPT on Bars where an FIG Coded element may be repeated once for Difficulty Value IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution.</p>
<p>Short Exercises</p>	<p>On Beam & Floor, an exercise with 6 elements or less will be deducted 1.00 for each missing element. On Bars, an exercise with less than 5 elements will be deducted 1.00 for each missing element.</p>
<p>Vault</p>	<p>FIG Vault table with: A Jersey style mat (depth 10cm) is allowed in addition to the standard 30cm with no deductions, and landing mats turned soft side uppermost when possible.</p>
<p>Apparatus</p>	<p>FIG Bars Regulations with: A safety mat (depth 20cm), and/or a Jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view. A Gymnast should fulfil 4 of the 6 CR's (Maximum awarded 2.0):</p>
<p>Requirements</p>	<p>Any vault from the new vault table</p> <p style="text-align: center;">Height of vault 125cm 1 x springboard</p> <p style="text-align: center;">Execution deductions of 0.1, 0.3, 0.5 & 0.8 for height will apply</p>
<p>Uncoded (U) Permitted Elements (receive 0.1 DV)</p>	<p>FIG Bars Regulations with: A safety mat (depth 20cm), and/or a Jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view. A Gymnast should fulfil 4 of the 6 CR's (Maximum awarded 2.0):</p> <ul style="list-style-type: none"> ▪ Close bar circle element min C ▪ An element in a different grip ▪ A flighted element LB to HB ▪ A flighted element from HB to LB ▪ A flight element on same bar* ▪ A cast / circle element with min 180° turn <p><i>*A straddle cut will not be considered a flight element</i></p> <p>Dismount must be included in counting elements Maximum D Score 5.00</p> <p>Squat onto low bar (There will be no penalty for performing a jump from LB to HB)</p>
<p>Notes</p>	<p>The sole circle (5.108) may be performed with bent legs without incurring execution penalty) Upstart (kip) after "Shaposhnikova" type elements – no penalty Stopping to adjust handguards on the bar – penalty 0.50 (intermediate swing)</p>
<p>GBR Bonus (in addition to FIG)</p>	<p style="text-align: center;">See Bonus sheet</p>
<p>Requirements</p>	<p>FIG Beam Regulations with: A Jersey style mat (depth 10cm) is allowed for dismounts (optional). A Gymnast should fulfil 4 of the 5 CR's (Maximum awarded 2.00):</p> <ul style="list-style-type: none"> ▪ Turn (Grip 3) or Roll / Flairs ▪ Connection of minimum 2 different Dance elements to include one Leap or jump with 180° split (cross or side) or straddle ▪ 1 x acrobatic series with min 2 elements one must be a salto / aerial connected to a flighted or non-flighted acro element ▪ Mixed Series (Minimum 2 element – no flight required on acro element) may include mount ▪ Dismount min B <p>Maximum D Score 5.00</p>
<p>Uncoded (U) Permitted Elements (receive 0.1 DV)</p>	<p>Tuck jump Stretched or arched jump Stretched jump ½ Change ment Stag leap Stag jump</p>
<p>Notes</p>	<p>Minimum 2 acro lines must be performed. Penalty 1.00 if less than 2 acro lines are performed. Any travelling isolated salto may be performed at any point in the routine and be credited.</p>
<p>GBR Bonus (in addition to FIG)</p>	<p style="text-align: center;">See Bonus sheet</p>
<p>Vault</p>	<p>FIG Floor Regulations with: for D+ Saltos, a Jersey mat (depth 10cm) is allowed, no restrictions or deductions (2 Jersey mats available, & can be moved). The mat(s) must be removed once no longer needed. A Gymnast should fulfil 4 of the 5 CR's (Maximum awarded 2.00):</p> <ul style="list-style-type: none"> ▪ Acro line with min 2 saltos ▪ A dance passage of 3 different leaps / hops – 1 with 180° split (cross or side) or straddle, may include 1 jump which must be the final element of series ▪ Mixed series minimum 3 directly connected elements (acro/dance/acro or dance/acro/dance) ▪ Saltos in different directions (no aeriels). ▪ Acro line not necessary, no stationary skills. ▪ Salto with LA Turn (min 540°) (acro line not necessary) <p>Maximum D Score 5.00</p>
<p>Requirements</p>	<p>Change ment Stag leap</p>
<p>Notes</p>	<p>Minimum 2 acro lines must be performed. Penalty 1.00 if less than 2 acro lines are performed. Any travelling isolated salto may be performed at any point in the routine and be credited.</p>
<p>GBR Bonus (in addition to FIG)</p>	<p style="text-align: center;">See Bonus sheet</p>

Clarifications for Gold Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise.

An element can be utilised to fulfill more than one CR (unless otherwise stated).

Listed uncoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements.

Maximum Bonus (including any FIG bonus) 1.00. Bonus can only be awarded if performed without a fall.

Maximum D score includes any bonus awarded.

Vault:

- Additional modified 4 & 5 coil springboards will be available

Bars:

- **Short exercise penalties - A routine with less than 5 elements will be deducted 1.00 penalty for each missing element**
- A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.

Beam:

- **Short exercise penalties - A routine with 6 elements or less will be deducted 1.00 penalty for each missing element**
- **CR 2, 3** must be performed on the beam, **CR 1 & 4** can include mount and / or on the beam
- A jersey style mat (depth 10cm) is allowed for dismounts (optional).

Floor:

- **Short exercise penalties - A routine with 6 elements or less will be deducted 1.00 penalty for each missing element**
- Minimum 2 acro lines to be performed (penalty 1.00)
- For D+ Saltos, a jersey mat (depth 10cm) is allowed, no restrictions or deductions (2 jersey mats available, & can be moved). The mat(s) must be removed once no longer needed.
- **An acro element may be repeated without DV for purposes of fulfilling a mixed series**

WAG CLASSIC CHALLENGE BONUS SHEET 2022

BRONZE

Maximum possible bonus on each apparatus = 1.00. This includes any FIG bonus
Bonus can only be awarded if performed without a fall

Bonus ' in addition to FIG	Bars	Beam	Floor
Bonus awarded each time	0.10 Any cast / circle with 180° turn C + C or more (elements may be the same or different) 0.20 Flighted element LB to HB 0.20 Any close bar with minimum 180° turn	0.10 Dance series B+B or more (elements must be different) Spin C Value or more	0.10 2 directly connected saltos B spin or more (any position) 0.20 1½ twist or more (LA) salto, acro line not necessary
Bonus awarded once only	0.10 Cast to handstand (no tolerance) 0.10 2 x close bar in routine to a minimum 45° from handstand 0.10 Close bar element to handstand (no tolerance)	0.10 Mixed series 3 or more elements min BBA (each element must be different) 2 or more different salto / aerial in routine (can include mount) 0.20 Salto / aerial connected to a flighted or non-flighted acro element	0.20 Minimum 3 leaps or jumps 'B' or more throughout routine
Dismount Bonus (award once only)	0.10 Dismount minimum value B 0.10 Back away (any shape)	0.10 Dismount A from Acro flight Or Dismount B value or more from Acro flight	0.10 Dismount (last acro line) B or more

SILVER & GOLD

Maximum possible bonus on each apparatus = 1.00. This includes any FIG bonus
Bonus can only be awarded if performed without a fall

Bonus ' in addition to FIG	Bars	Beam	Floor
Bonus awarded each time	0.10 C + C or more (elements may be the same or different) 0.10 Any cast / circle with 180° turn plus flight 0.10 Any additional close bar to a minimum 30° from handstand 0.20 Flight + flight directly connected 0.20 Any close bar with minimum 180° turn 0.10 Any cast / circle with minimum 180° turn connected to dismount	0.10 Dance series C+C or more (elements must be different) Mixed series D+A or more Spin C Value or more	0.10 2 directly connected saltos B spin or more (any position) 0.20 Double (BA) salto, in an acro line 0.20 Double twist or more (LA) salto, acro line not necessary
Bonus awarded once only	0.10 Any close bar with minimum 180° turn 0.10 Any cast / circle with minimum 180° turn connected to dismount	0.10 Mount D value or more Mixed series 3 or more elements min BBB (each element must be different) 0.10 2 or more different salto / aerial in routine (can include mount) 0.20 Acro series flight + salto Dismount C value or more Or Dismount C value or more from Acro flight	0.20 Minimum 3 dance elements C or more throughout routine
Dismount Bonus (award once only)	0.10 Stuck dismount minimum value B 0.10 Double tuck back away (inc. open tuck)	0.10 Dismount C value or more Or Dismount C value or more from Acro flight	0.10 Dismount (last acro line) C or more

Classic Challenge Championships

GROUP I HANDSPRING / YAMASHITA with or without LA turn (no salto in second flight)	
	D Score

1.101 Handspring	1.60
1.102 Handspring with ½	2.00
1.103 Yamashita	2.00
1.104 Yamashita with ½	2.40
1.105 ½ - ½ turn on & repulsion off	1.60
1.106 ½ on ½ off or ¾ on ¾ off	2.40
1.107 ½ on 1/1 or ¾ on 1¾ off	2.60
1.108 ½ on 1½ or ¾ on 1¾ off	3.20
1.109 ½ on 2/1 off or ¾ on 2¾ off	3.60
1.201 Handspring with 1/1 turn	2.60
1.202 Handspring with 1½ turns	3.20
1.203 Yamashita with 1/1 turn	2.80
1.205 Handspring with 2/1	3.60
1.206 Handspring with 2¾	4.00
1.301 H/Y 1/1 on H/Y off	3.20
1.302 H/Y 1/1 on H/Y ¾ off	3.40
1.303 H/Y 1/1 on H/Y 1/1 off	3.60
1.304 H/Y 1/1 on 1¾ off	4.00

GROUP II HANDSPRING with or without LA turn and SALTO FORWARD/BACKWARD	
	D Score

2.301 Handspring FWD Salto Tuck	3.60
2.302 Handspring FWD Salto Tuck ½	3.80
2.303 Handspring ½ BWD Salto Tuck (Cuervo Tuck)	3.80
2.304 Handspring FWD Salto Pike	3.80
2.305 Handspring FWD Salto Pike ½	4.00
2.306 Handspring ½ BWD Salto Pike (Cuervo Pike)	4.00

GROUP III TSUKAHARA or KASAMATSU SALTO with or without turn All Group 3 Vaults - allow a 90° to 180° LA turn in first flight	
	D Score

3.101 Tsukahara Tuck	3.20
3.102 Tsukahara Pike	3.40
3.103 Tsukahara Tuck ½	3.40
3.104 Tsukahara Tuck 1/1 (Kasamatsu Tucked)	3.80
3.201 Tsukahara Straight	3.80
3.202 Tsukahara Straight ½	4.00
3.203 Tsukahara Straight with 1/1 (Kasamatsu)	4.40

All FIG deductions apply
but for Height take 0.10, 0.30, 0.50 or 0.80
to create a greater spread between the majority of vaults performed

GROUP IV YURCHENKO: R/O Flic on with/without SALTO BWD with/without LA turn or R/O Flic on LA turn & SALTO FWD with or without LA turn	
	D Score

4.101 RO, Flic with Repulsion	2.00
4.102 RO, Flic with Repulsion ½	2.20
4.103 RO, Flic with Repulsion 1/1	2.50
4.104 RO, Flic with Repulsion 1¾	2.70
4.201 RO, Flic Salto Tuck	3.00
4.202 RO, Flic Salto Tuck ½	3.20
4.203 RO, Flic Salto Tuck 1/1	3.60
4.205 RO, Flic Salto Pike	3.20
4.301 RO, Flic Salto Straight	3.60
4.302 RO, Flic Straight ½	3.80
4.303 RO, Flic Straight 1/1	4.20

GROUP V R/O Flic with ½ turn on, Handspring off with/without SALTO FWD with/without LA turn	
	D Score

5.101 RO, Flic w ½ turn, Handspring off	2.20
5.102 RO, Flic w ½ turn, Handspring ¾ off	2.60
5.103 RO, Flic w ½ turn, Handspring 1/1	3.00
5.104 RO, Flic w ½ turn, Handspring 1¾	3.40
5.201 RO, Flic w ½ turn, Salto Tuck	3.80
5.202 RO, Flic w ½ turn, Salto Tuck ½	4.00
5.203 RO, Flic w ½ turn, Salto Pike	4.00
5.203 RO, Flic w ½ turn, Salto Pike ½	4.20

GROUP VI R/O Flic with 1/1 turn on with/without SALTO BWD Vaults performed with 1/1 on allow for tolerance of ¾ (270° to 1/1 (360°))	
	D Score

5.301 RO, Flic w ¾ + with Repulsion	2.40
5.302 RO, Flic w ¾ + with Repulsion ½	2.80
5.303 RO, Flic w ¾ + with Repulsion 1/1	3.20
5.401 RO, Flic w ¾ + Salto Tuck	3.60
5.402 RO, Flic w ¾ + Salto Pike	3.80
5.403 RO, Flic w ¾ + Salto Straight	4.20