

The poster features a grey background with a white grid pattern. The text is arranged in a descending staircase pattern from top-left to bottom-right. The words 'PINK LADIES' are in a bold, pink, sans-serif font. 'Invitational' is in a pink, cursive font. '20' and '24' are in a large, bold, black, sans-serif font. 'Fri 27th - Sun 29th' is in a pink, sans-serif font. 'September' is in a pink, cursive font. There are two clusters of pink starburst graphics: one in the top right and one in the bottom left.

**PINK LADIES**

Invitational

**20  
24**

Fri 27th - Sun 29th

September

## **EVENT INFORMATION PACK**

SOUTH DURHAM GYMNASTICS  
SPENNYMOOR LEISURE CENTRE, DL16 6DB

[WWW.SOUTHDURHAMGYM.CO.UK](http://WWW.SOUTHDURHAMGYM.CO.UK)

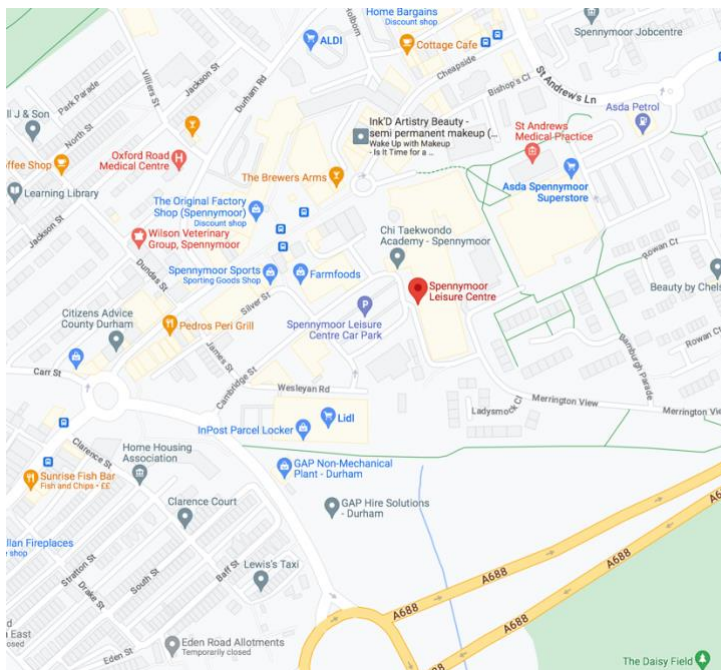
01388 811877

[GYM@SOUTHDURHAMGYM.CO.UK](mailto:GYM@SOUTHDURHAMGYM.CO.UK)



## HOW TO FIND US

If you are using a Sat Nav or Google Maps to find us, please use the Leisure Centre car park postcode: DL16 6DF.



## Parking

Please allow yourself plenty of time to find a parking space when you are travelling to the competition. The Leisure Centre has a free on-site car park (DL16 6DF) however spaces are limited. Farm Foods is close by and also has free car parking facilities.

Lidl is close to the Leisure Centre; however, it has a 90-minute parking limit. Similarly, the ASDA car park (DL16 6NE) is a short walk from the Leisure Centre, but please note that they have a limit of a 2 hour stay.

You may wish to use alternative car parks using postcode DL16 6AF (once the Kingfisher pub). Home Bargains and Iceland (DL16 6QN) also have a car parks, but again the stay is limited, so please check this out upon arrival.

## Upon Arrival

As you arrive, make your way through the new Leisure Centre entrance (head through the underpass – you will find the new entrance on your right). Upon entering the building, walk between the reception and the vending machines into the North Stage. Within the hall, you will find our Welcome Desk, Gymnast Registration, Pink Leisurewear, as well as our Tombola and Raffle desks.



## SPECTATOR ENTRY

Admission wristbands will be sold on a 'per round' basis and 'per day' basis. We request people pay by cash where possible, but card/apple pay payments can also be taken. Following each round a member of South Durham team will be on hand to ensure you have the correct wristband for the relative round of competition.

|                     | PRICE PER ADULT | PRICE PER CHILD* |
|---------------------|-----------------|------------------|
| <b>1 ROUND PASS</b> | £8.00           | £4.00            |
| <b>2 ROUND PASS</b> | £12.00          | £6.00            |
| <b>2 DAY PASS</b>   | £18.00          | £8.00            |
| <b>3 DAY PASS</b>   | £24.00          | £10.00           |

*\*Child = Aged 14 & Under*

## Spectator Seating

The viewing gallery can accommodate approximately 250 seated guests. Seating is allocated on a first come first serve basis, so we ask all spectators to be mindful of the space around them, and to make room for as many people as possible. During busy rounds, some spectators may need to stand.

Wheelchair access and viewing is available, with a lift to/from the viewing gallery.

## Swimming Pool Provision

Spennymoor Leisure Centre hosts an excellent family swimming pool. This may be a great option for siblings or even for gymnasts who have finished their competition. The prices for swimming are as follows:

- Adult: £4.40
- Child: £3.00
- Family / Group Swim (up to 4 people): £12

Please be aware that the centre does become busy and swimming is on a first come first served basis. Pool opening times can be found on the DCC website: <https://thriveleisure.co.uk/index.php/timetable/visual-timetable/?site=8&date=2023-09-30>

## Lockers

Please DO NOT use the lockers within the Leisure Centre other than when using the swimming pool. The centre does not always stay open until the end of our event, therefore there would be no guarantee you would be able to access your belongings at the end of each day.

## Dining Options

The South Durham Diner will be open the whole weekend to make your stay with us more comfortable. The Diner offers a great range of sandwiches and wraps, as well as crisps, cakes, chocolate, sweets and a full range of hot and cold drinks.

Please note that whilst in the Gymnastics Centre, you can only consume food bought from the Diner within the Gymnastics Centre.

## Local Amenities

You will only be able to access the South Durham Diner once you entered the Gymnastics Centre to watch a round. If you arrive early, or are waiting for a later presentation, Spennymoor has a number of great dining options within close proximity to the gym.

Restaurants/cafes within walking distance include:

- The Grand Electric Hall (a great Wetherspoons)
- The Grind
- Greggs
- The Whistling Teapot
- KJ's Coffee Shot

A little further away (a short drive) you will find:

- The Poacher's Pocket (3.2 miles)
- The Coach & Horses (2.2miles)
- The Fox Cub (1.8 miles)
- The Ash Tree (1.0 mile)
- The Green Tree (1.8 miles)
- The Honest Lawyer (3.6 miles)
- The Village Inn (2.0 miles)
- Park Head Hotel & Restaurant (3.2 miles)
- Top House (3.2 miles)
- The Old Mill (3.5 miles)

## **Pink Leisurewear**

Pink will be on site throughout the weekend with the latest in Pink fashion and accessories. Their latest collection will be available alongside previous collection items. Take a look at their latest leotards here:

[www.pinkleisurewear.co.uk](http://www.pinkleisurewear.co.uk)

# **THE COMPETITION**

## **Gymnast Registration & Competition**

Your Club will be advise you of the round your gymnast is competing in and what time they need to arrive for registration.

After registration, the gymnasts will make their way to the gymnastics hall for their warmup; spectators will be asked to make their way to the admissions to purchase their spectator entry passes.

## **Awards**

Individual Apparatus and All-Around Medals will be awarded in every age group within every competition level. Artistry awards will also be given out to gymnasts who particularly excel with their choreography on the Floor.

All gymnasts will receive a participation gift.

## **Videoing & Photography**

By attending the event all gymnasts and spectators consent to being photographed / filmed.

Anyone wishing to record/take images of the event from the viewing gallery, are welcome to do so, however, we ask that the 'flash' is turned off.

## **Results & Score Sheets**

Score sheets will be available at the end of each round for spectators/coaches to purchase from hall for 50p (cash only).

All results will be collated and emailed out to competing clubs at the end of the weekend.