



## Event Information & Competition Details

Here at South Durham Gymnastics preparations are underway once again for our ever-popular annual event, the 'Pink Ladies Invitational'. The competition will take place across the weekend of Friday 4<sup>th</sup> - Sunday 6<sup>th</sup> October 2019 and promises to be another brilliant weekend of gymnastics for all involved.

## Venue Details & Dates

South Durham Gymnastics Centre  
Spennymoor Leisure Centre  
High Street  
Spennymoor  
Co. Durham  
DL166DB.

Friday 4<sup>th</sup> – Sunday 6<sup>th</sup> October 2019

CLOSING DATE FOR ENTRIES – Wednesday 4<sup>th</sup> September 2019

## Competition Organiser

Kelly Milnes  
Contact number: 07525946094 / 01388 811877  
Contact Email: [kelly@southdurhamgym.co.uk](mailto:kelly@southdurhamgym.co.uk)

## Competition Levels

As we continue to grow the event year on year we are always looking to cater for the masses therefore 'Pink Ladies Invitational 2019' will continue to provide competitive opportunity for those gymnasts aged 7 in the year (born in 2012) via our **Elite Level 6** event. This level is geared towards those gymnasts who intend to follow the compulsory pathway in 2020. The rules alongside all other rules for 2019 will be uploaded to the website soon!

Competition levels & age groups for 2019 are as follows:

- FIG SENIOR, JUNIOR, ESPOIR
- CHALLENGE SENIOR, JUNIOR, ESPOIR
- LEVEL 2 (11yrs)
- LEVEL 3 (10yrs)
- LEVEL 4 (9yrs)
- PRE-LEVEL 4 (8yrs) – FOLLOWING THE NORTH LEVEL 5 RULES
- ELITE LEVEL 6 (7yrs) – AS PER THE DOCUMENT ONLINE

*The above competitions will all follow the FIG and National Voluntary Levels rules as set by British Gymnastics and all gymnasts who have competed in Compulsory levels in 2019 are expected to follow these.*

- CLUB LEVEL 6 (8yrs, 9yrs, 11&Under, 12&Over)
- CLUB LEVEL 5 (8yrs, 9yrs, 11&Under, 12&Over)
- CLUB LEVEL 4 (9years, 11&Under, 12&Over)
- CLUB LEVEL 3 (11&Under, 12&Over)
- CLUB LEVEL 2 (open age)

*The above stated levels will follow the NEW North Voluntary Levels Rules 2019. These will be available via our website [www.southdurhamgym.co.uk](http://www.southdurhamgym.co.uk) by clicking on 'Club Events' soon.*

**PLEASE NOTE:**

Gymnasts aged 7 years must follow the Elite level 6 rules.

Gymnasts aged 8 years will be split into Pre-Level 4 (for those who are intending to follow the compulsory pathway) and Club Level 5 (for those who intend to follow the Regional Grades / National Grades pathway). The rules for both levels will be the same. We also have the Club level 6 for those gymnasts working just below the level of their peers of a similar age.

Gymnasts who competed in the National Challenge cup in 2018 MUST enter the Challenge levels (or FIG if preferred) in 2019. Any gymnasts who intend to compete in their respective Regional Challenge Cup in 2019 must enter at minimum Club Level 3 in this event. Any gymnast who qualifies to the National Challenge Cup in 2019 prior to the Pink Ladies Invitational must also compete in the Challenge category for this event. Please notify us as soon as possible if this is the case.

## Awards

Individual apparatus, AA and Team Medals will be awarded in every age group within every competition level as outlined above.

We will also have Artistry awards given out to gymnasts who particularly excel with their choreography on the Floor.

All gymnasts will receive a participation gift.

# Competition Entry

A fee of **£30 per gymnast** is payable on entry as well as **£30 per team**. Teams must include 3-5 gymnasts per age group per level.

All entries should be received on the correct Pink Ladies Entry form which can be found via the website. Entry forms should be sent directly to the competition organiser [Kelly@southdurhamgym.co.uk](mailto:Kelly@southdurhamgym.co.uk) and will be processed on receipt of the full entry fee.

Entry fees must be paid via BACS on the details below. (if you are unable to pay via BACS please let me know via email and we can organise alternative payment method).

Account Number: **43829618** Sort Code: **20-09-44**

**LATE ENTRIES MAY BE ACCEPTED AT THE DISCRETION OF THE COMPETITION ORGANISER BUT THE ENTRY FEE WILL BE DOUBLED.**

## Insurance

All coaches and gymnasts must be insured with British Gymnastics. It is the responsibility of the Club to ensure that this is the case and South Durham Gymnastics Club hold no responsibility if this is not adhered to.

Coaches must also ensure they are qualified to an appropriate level for the skills that their gymnasts are competing.

## Judge Provision

All clubs entering the Pink Ladies Invitational 2019 are expected to provide at least one judge for each day they have gymnasts competing. **Failure to provide a judge will result in a £100 fine to be added to your entry fee whilst providing a club level judge only will incur a £50 fine.**

## Admission

There will be an admission charge on the door for all spectators at the event. This will be on a round by round basis as below:

### Cost per round:

Adults £5, Children £2

### 2 Rounds pass:

Adults £10, Children £4

### Full Day pass (Friday / Saturday only)

Adults £13, Children £5

## Car Parking

Spennymoor Leisure Centre has its own car park however as we anticipate a large number of guests across the competition weekend the onsite spaces may not be sufficient. We therefore recommend the use of the old Kingfisher pub car park (postcode DL166AF) which is a short walk from the centre as an alternative option.

## Pink Leisurewear

Pink Leisurewear will be present throughout the weekend with all the latest leotards and accessories in the Pink fashion range. SS19 will be available but look out for the launch of the Autumn / Winter 2019 collection too.

For any further information you require please do not hesitate to contact the competition organiser on the details outlined at the top.