Pink Ladies Invitational 2023

Event Information & Competition Details

Here at South Durham Gymnastics preparations are underway once again for our ever-popular annual event, the 'Pink Ladies Invitational'. The 2023 competition will take place across the weekend of Friday 6th - Sunday 8th October. We look forward to welcoming our friends from across the UK once again.

Venue Details & Dates

South Durham Gymnastics Centre Spennymoor Leisure Centre High Street Spennymoor Co. Durham DL166DB.

Friday 6th – Sunday 8th October 2023 **CLOSING DATE FOR ENTRIES** – Tuesday 5th September

Competition Organiser

Kelly Milnes

Contact number: 07525946094 / 01388 811877 Contact Email: kelly@southdurhamgym.co.uk

Competition Levels

In 2023 we will be adopting the new Classic Challenge Rules (with the addition of a Zinc Plus & Copper Plus level). These will run as well as the usual F.I.G Espoir, Junior and Senior events and National Voluntary levels 4,3,2. We will continue to provide competitive opportunity for those gymnasts aged 7 in the year (born in 2016) via our **Aluminium** level and NEW FOR 2023 we will also be offering a **Brass** level for those gymnasts aged 6 years (born in 2017).

Competition levels & age groups for 2023 are as follows:

- -FIG SENIOR, JUNIOR, ESPOIR
- -VOLUNTARY LEVEL 2 (minimum 11yrs)
- -VOLUNTARY LEVEL 3 (minimum 10yrs)
- -VOLUNTARY LEVEL 4 (minimum 9yrs)
- -Classic Challenge (Tin *{up to 9 years only}, Zinc, Zinc Plus (North Rules Only), Copper, Copper Plus (North Rules Only), Bronze, Silver, Gold)*
- -Development Levels Aluminium & Brass for gymnasts aged 6/7/8years

Please note: Gymnasts born in 2016 (7yrs) may also enter the Tin or Zinc competitions and those born in 2015 (8yrs) who are working at the higher level will be able to enter Copper or Copper Plus levels at the coaches discretion.

Also: Any previous FIG Challenge gymnast who did not compete in the British Championships may enter **either** FIG or age relative classic challenge competitions.

All rules are available via our website www.southdurhamgym.co.uk by clicking on 'Club Events' soon.

Awards

Individual apparatus, and All Around medals will be awarded in each age group outlined above.

We will also have Artistry awards given out to gymnasts who particularly excel with their choreography on the Floor and/or Beam.

All gymnasts will receive a participation gift.

Competition Entry

A fee of £35 per gymnast is payable on entry. All entries should be received on the correct Pink Ladies Entry form which can be found via the website. Entry forms should be sent directly to the competition organiser kelly@southdurhamgym.co.uk and will be processed on receipt of the full entry fee.

Entry fees must be paid via BACS on the details below. (if you are unable to pay via BACs please let me know via email and we can organise alternative payment method).

Account Number: 53403114 Sort Code: 20-09-44

LATE ENTRIES MAY BE ACCEPTED AT THE DISCRETION OF THE COMPETITION ORGANISER BUT THE ENTRY FEE WILL BE DOUBLED.

Insurance

All coaches and gymnasts must be insured with British Gymnastics. It is the responsibility of the Club to ensure that this is the case and South Durham Gymnastics Club hold no responsibility if this is not adhered to.

Coaches must also ensure they are qualified to an appropriate level for the skills that their gymnasts are competing.

Judge Provision

All clubs entering the Pink Ladies Invitational 2023 are expected to provide at least one judge for each day they have gymnasts competing. Failure to provide a judge for each day will result in a £100 fine to be added to your entry fee whilst providing a club level judge only will incur a £50 fine.

Admission

All spectator tickets for the event must be purchased on arrival. Prices TBC

Car Parking

Spennymoor Leisure Centre has it's own car park however as we anticipate a large number of guests across the competition weekend the onsite spaces may not be sufficient. We therefore recommend the use of on street parking in the surrounding areas.

Pink Leisurewear

Pink Leisurewear plan to be present throughout the weekend with all the latest leotards and accessories in the Pink fashion range.

For any further information you require please do not hesitate to contact the competition organiser on the details outlined at the top.