

PARTY TERMS & CONDITIONS

Gymnastics and Trampolining can pose a risk of injury, and despite our best efforts to minimise risk, accidents still happen. All attendees must abide by the safety rules and Gym Codes of Conduct at all times, and they must be fit and healthy in order to participate.
(The Gym Codes of Conduct can be found on the Policies page of our website.)

Please note that all guests and younger siblings/family members must be supervised appropriately and remain the responsibility of the parent/host and not the South Durham Gymnastics staff.

Children of pre-school age, or any child with additional needs must be accompanied by a responsible adult within the gym at all times. Adults within the gymnastics hall are not permitted to play on the equipment. For structured parties (for children aged 5+), parents are welcome to sit on the viewing gallery whilst their children are in the gym.

South Durham Gymnastics is fully inclusive and welcomes children with disabilities to attend our parties. To ensure a safe and inclusive environment for all participants, individuals with the following medical conditions must seek expert advice before participating in activities within our gymnastics setting. This ensures that any necessary reasonable adjustments can be made:

Pregnancy
Dwarfism
Brittle Bones
Detached Retina
Rodded Spine
Down's Syndrome

Participants with Down's Syndrome must undergo medical screening for Atlanto-Axial Instability prior to participating in gymnastic activities. This screening must be conducted by a qualified medical practitioner.

Please also inform us of any other medical conditions (such as asthma), physical disabilities, neurodiversity, or additional needs among the attendees, so that we can make any necessary reasonable adjustments.

For access to the required forms or to discuss participants with any of the aforementioned medical conditions, please contact us at gym@southdurhamgym.co.uk. A member of our team will be happy to discuss your needs and guide you through the next steps for joining our sessions.

You may arrive 10 minutes prior to your allocated slot to take any items up into the Diner in advance of the party starting (e.g., cake/party bags). Whilst we are happy for balloons to be taken upstairs – they are not permitted within the gym. We ask that all helium balloons are securely tied/weighted down so they do not get stuck on the gym ceiling. Please note that we provide a knife and a lighter for the cake.

Food and drinks are not permitted in the gym and all outdoor footwear must be removed before entering the gymnastics hall (children must remove their socks and tights).

Please encourage all attendees to wear clothing suitable for sport. Jeans cannot be worn within the gym.

Pushchairs and prams are not allowed inside the gym, but they can be left in the gym's reception area.

Please discourage parents of your guests from bringing along additional siblings as they will not be able to participate in any activities and only party guests will be catered for.

Please ensure you use the bins provided within the facility for any rubbish – if you require any bin bags, please do not hesitate to ask a member of the team.

Once booked, party deposits are non-refundable and non-transferable. A member of staff will be in contact with you the week of your party to confirm final numbers, discuss food choices / dietary requirements and to confirm your final balance. Once this is confirmed there may be no alterations to the party numbers.

The final balance must be paid on the day of the party in cash to the Diner staff.