Zinc Plus				
North Only				
Age Groups	11&U, 12&O			
GENERAL	As per Zinc Plus rules with the following adaptations on each piece			
Vault	Any Vault Permitted from the Classic Challenge Vault Sheet Must be over the table Vault	No somersault Vaults permitted		
Bars	Gymnasts must fulfil 4 of the 5 CR's Gymnasts MUST use both bars Max D Score 3.0	No bonus for using both bars		
Beam	Gymnasts must fulfil 4 of the 5 CR's as per Zinc If a gymnast fulfils all 5 of the CR's they will receive a 0.5 bonus. In this instance only, the Max D Score will increase to 3.5	Bonus as per Zinc rules		
Floor	Gymnasts must fulfil 4 of the 5 CR's Max awarded 3.5 CR 1 - Acro Line with minimum 2 flighted elements 0.5 Penalty if no acro line (with 2 flighted elements) is performaed within the counting CR's	No bonus for acro line with 2 flighted elements. All other bonuses as per Zinc		
SHORT EXERCISES	As per Zinc Rules			

As per Copper Rules with the following adaptations on each apparatus Any Vault Permitted from the Classic Challenge Vault Sheet. Vault Gymnasts must fulfil 4 of the 5 CR's Max D Score 3.2 Bars O.5 - LB to HB element with flight O.3 - Close Bar Value B Gymnasts must fulfil 4 of the 5 CR's Max awarded 3.5 CR 1 MUST be a full spin O.5 bonus awarded if the Acro Series is performed within the counting CR's. O.2 if the acro series has minimum 1 flighted element Gymnasts must fulfil 4 of the 5 CR's Max awarded 3.5 CR 1 - Acro line to include a straight somersault backwards CR 2 - Forward salto within an acro line All other CR's as per Copper As per copper rules	Copper Plus			
As per Copper Rules with the following adaptations on each apparatus Any Vault Permitted from the Classic Challenge Vault Sheet. Max D Score 3.2 Gymnasts must fulfil 4 of the 5 CR's Max D Score 3.5 BONUS Bars O.5 - LB to HB element with flight O.3 - Close Bar Value B Gymnasts must fulfil 4 of the 5 CR's Max awarded 3.5 CR1 MUST be a full spin O.5 bonus awarded if the Acro Series is performed within the counting CR's. O.2 if the acro series has minimum 1 flighted element Gymnasts must fulfil 4 of the 5 CR's Max awarded 3.5 CR 1 - Acro line to include a straight somersault backwards CR 2 - Forward salto within an acro line All other CR's as per Copper As per copper rules	North Only			
Any Vault Permitted from the Classic Challenge Vault Sheet. Any Vault Permitted from the Classic Challenge Vault Sheet. Max D Score 3.2 Gymnasts must fulfil 4 of the 5 CR's No bonus for 2 x Upstart	Age Groups	9 years, 11&U, 12&O		
Any Vault Permitted from the Classic Challenge Vault Sheet. Any Vault Permitted from the Classic Challenge Vault Sheet. Max D Score 3.2 Gymnasts must fulfil 4 of the 5 CR's No bonus for 2 x Upstart				
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Beam O.5 bonus awarded if the Acro Series is performed within the counting CR's. O.2 if the acro series has minimum 1 flighted element Gymnasts must fulfil 4 of the 5 CR's Max awarded 3.5 CR 1 - Acro line to include a straight somersault backwards CR 2 - Forward salto within an acro line All other CR's as per Copper As per copper rules Count as a skill but will not fulfil CR 1. CR 1 - Must be a full spin No bonus for Straight salto backwards cR 2 - Forward salto within an acro line Other bonuses as per Copper	Bars	the contract of the contract o		
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